



**American  
Red Cross**

## *Wilderness and Remote First Aid*

Whether you're a scout, an outdoor enthusiast or you work in a remote environment, our Wilderness and Remote First Aid course gives you the skills you need to respond to an emergency when help may be delayed. This course is based on the Boy Scouts of America *Wilderness First Aid Curriculum and Doctrine Guidelines*.

To prepare participants to give care for potentially life-threatening injuries when EMS response may be an hour or more away, the Red Cross Wilderness and Remote First Aid course covers the following topics:

- |   |                             |                             |
|---|-----------------------------|-----------------------------|
| •Primary and Secondary Assessments      | •Heat-Related Emergencies   | •Burns                      |
| •Head (Brain), Neck and Spinal Injuries | •Hypothermia                | •Bone and Joint Injuries    |
|   | •Altitude-Related Illnesses | •Wounds and Wound Infection |
|   | •Allergies and Anaphylaxis  | •And more...                |

**What:** American Red Cross Wilderness and Remote First Aid Course  
**When:** Saturday, Feb. 12, 2011 from 8:00 AM – 8:00 PM and Sunday, Feb. 13, 2011 from Noon – 5:00 PM  
**Where:** Arlington, TX – exact location TBD  
**Who:** Participants must be at least 14 years of age and possess current certification in adult CPR/AED  
**Cost:** \$75.00 (includes books & materials, 3 meals and certification documents) please make checks payable to Jeff Palmer

**Registration Deadline:** February 1, 2011

**Further Information:** Contact Jeff Palmer  
817-300-4173 or JP9641@verizon.net

**Mail To:** Jeff Palmer  
9641 Barksdale Dr.  
Keller, TX 76244

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

DISTRICT \_\_\_\_\_ UNIT \_\_\_\_\_ POSITION \_\_\_\_\_

Food allergies / considerations \_\_\_\_\_